

A. Content

Unit	Topics	Phonetics	Vocabulary	Grammar
1	LOCAL COMMUNITY	Vowel revision: /æ /; /ɑ:/; /e /	Community helpers Traditional handicrafts	Question words to- infinitives Phrasal verbs
2	CITY LIFE	Diphthong revision: /aʊ/; /əʊ/; /eə/	City life	Double comparatives Phrasal verbs
3	HEALTHY LIVING FOR TEENS	Sounds: / h/ and / r/	Student's life and school work	Modal verbs in first conditional sentences

B. Form of the test: 40 câu trắc nghiệm khách quan & trắc nghiệm ghép nối

C. Reference tests:

TEST 1

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

- Question 1. A. family B. activity C. hand D. fame
Question 2. A. bear B. near C. wear D. pear

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

- Question 3: A. accomplish B. minimize C. physical D. liveable
Question 4: A. pressure B. convince C. friendship D. guidance

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

- Question 5. We have no idea _____ to get this information.
A. what B. where C. which D. why
Question 6. Before summer break, Trang talks with Lan
Trang: "Have a nice holiday!"
Trang: " _____"
A. My bad! B. Thank you. That's so kind of you!
C. Never mind D. Same to you!
Question 7. The increase _____ population and the increasing number of vehicles have caused many accidents to happen every day in the city.
A. in B. at C. on D. of
Question 8. It's hard for me to _____ my sister. She is such a selfish girl.
A. get along with B. get well with C. catch up with D. come up with
Question 9. _____ they are from home, the more we miss them.
A. The farther B. The more further C. The furthest D. The more far
Question 10. They ran _____ of bread when I went to the local bakery yesterday.
A. out B. down C. around D. back
Question 11. The city is now a big _____ site with many half – finished buildings.
A. waste B. construction C. tourist D. storage
Question 12. If you train harder in three months, you _____ run a marathon.
A. can B. must C. might not D. should not

Read the following recruitment advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

INVITATION TO CHARITY RUN EVENT

We are delighted to invite you to our charity run event next month! Here's what you need to do:

- (13) _____ your participation by filling out the registration form on our website.
- Please dress (14) _____ in sportswear suitable for running.
- Participants can bring (15) _____ friend to join the event.
- We look forward to (16) _____ you at the run!

Question 13: A. Ignore

B. Skip

C. Confirm

D. Cancel

Question 14: A. nicely

B. properly

C. roughly

D. badly

Question 15: A. much

B. few

C. one

D. many

Question 16: A. seeing

B. chasing

C. avoiding

D. catching

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 17 to 18.

Question 17. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

Fast food chains and international restaurants have become popular, offering a wide range of dishes and more food choices to local people. _____

a. For example, here in Vietnam, we can enjoy Italian pizza or Japanese sushi, in addition to our traditional food.

b. On the other hand, Vietnamese specialties, such as pho and banh mi, are also gaining popularity worldwide.

c. Moreover, some international dishes use local ingredients, which make them unique and more suitable to local tastes.

A. b – c – a

B. a – c – b

C. c – b – a

D. b – a – c

Question 18. Choose the sentence that can end the text (in Question 17) most appropriately.

A. In short, you can explore the flavorful world of traditional Vietnamese food or enjoy dishes from other countries around the world in Vietnam.

B. To begin with, you have the best chance to taste many types of food when you visit Vietnam.

C. In summary, Vietnamese dishes are not tasty enough to be enjoyed by foreigners.

D. In the end, we need to know how to cook both local and international dishes.

Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.

I believe all humans have the right (19) _____ in a safe and clean place. However, most cities today have many problems that need solutions. Johannesburg, South Africa, is one of these cities. I will explain some of its problems and potential solutions below.

A big problem is that crime is high in the city. There are so many criminals that life for normal people is beginning to (20) _____. They may move away from the city. For this reason, the government should provide more police officers on the streets.

(21) _____ problem is that the population is rising quickly. It might make more people homeless. Having more homeless people can cause many problems. The government should build more (22) _____ around the city.

The final problem is that air pollution is getting worse. Because of this, more people will need medical help. This could make hospitals very busy. To improve this, the government should ask people to ride bicycles more and use cars (23) _____.

To conclude, the number of criminals, the population (24) _____, and air pollution are problems in Johannesburg. However, there are solutions the government can implement. They should train more police officers, build more apartments, and ask people to ride bicycles instead of using cars.

- Question 19.** A. to live B. live C. living D. lives
Question 20. A. break up B. break down C. break into D. break away
Question 21. A. Other B. Others C. Another D. The other
Question 22. A. construction sites B. shopping malls C. stadiums D. apartment buildings
Question 23. A. more B. little C. much D. less
Question 24. A. to grow B. grew C. growth D. grow

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 25. *Wear your coat or you may catch a cold.*

- A. If you don't wear your coat, you may catch a cold.
 B. Unless you wear your coat, you may not catch a cold.
 C. You may wear a coat if you don't catch a cold.
 D. You may catch a cold even though you wear your coat.

Question 26. *They should reduce the amount of fatty foods in their daily meals.*

- A. They should cut down on the amount of fatty foods in their daily meals.
 B. They should eat more fatty foods in their daily meals.
 C. They shouldn't cook fatty foods every day.
 D. The more fatty foods they eat, the healthier they become.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is made from the given cues in each of the following questions.

Question 27. *My father / handed / some / his / special / cooking techniques / me.*

- A. My father handed out some of his special cooking techniques to me.
 B. My father handed down some his special cooking techniques to me.
 C. My father handed down some his special cooking techniques for me.
 D. My father handed down some of his special cooking techniques to me.

Question 28. *She / tell me / the trip / village / where / born / grow up.*

- A. She tells me about the trip to village where she be born and grew up
 B. She told me about the trip to the village where she was born and grew up.
 C. She told me about the trip to the village where she is born and grew up.
 D. She tells me about the trip the village where she is born and grew up.

Read the following sign or notice and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 29. What does the sign say?



- A. Snacks are appropriate
 B. You can buy food in the canteen
 C. Eating is prohibited here.
 D. Processed foods are bad for you

Question 30. What does the notice say?

**Please do not make or take
phone calls in the laboratory**

- A. Phones are eliminated in the lab.
 B. Visitors mustn't use phones anywhere, anytime in the lab.
 C. If visitors want to use phones, they should contact staff.
 D. There is no cell phone signal in the lab.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.

The Amish are a religious group of people who believe in living separately from the modern world. They live in Canada and the USA in small farming communities of about 300 people. In total, there are about 80,000 'Old Order Amish'. These people do not drive cars or fly in aero planes, but simply drive

horses and carts. As a result, their communities are small and close, and their kids do not usually move to another area when **they** grow up. They stay and marry someone from the community.

Family values and traditions are very important to the Amish. At home, they speak a very old-fashioned version of German, although they also speak English when it is necessary. They wear very simple clothing. The men wear wide black hats, plain trousers and shirts. After they marry, the men grow beards. The women, and even the little girls, wear bonnets (a kind of old-fashioned hat) and long dresses. They make their living from farming, using old traditional methods. Their houses do not have electricity or telephones. Their children finish school at about the age of 12 or 13; after that they learn from working on their farm. All other children in the USA must attend school for another four years. Many people do not understand the simple and slow way of Amish life. But the Amish believe that modern society is too **stressful** and materialistic. They feel that their lifestyle is a true reflection of their religious beliefs.

Question 31. What is the best title of the reading text?

- A. The Amish - a people from the past?
- B. Powerful groups of people in Canada and the US.
- C. New trend of living in the world.
- D. A history of the Amish.

Question 32. The word "**separately**" in paragraph 1 is OPPOSITE in meaning to _____.

- A. individual
- B. jointly
- C. alone
- D. solo

Question 33. The Amish people _____.

- A. often stay in their communities for life
- B. live the life on the move
- C. are used to using electricity
- D. have a large population

Question 34. The word "**they**" in paragraph 1 refers to _____.

- A. children
- B. adults
- C. men
- D. women

Question 35. The word "**stressful**" in paragraph 2 is CLOSEST in meaning to _____.

- A. effortless
- B. gentle
- C. disturbing
- D. mindful

Question 36. Which of the following is NOT true about the Amish?

- A. They can not use English to communicate with others.
- B. The Amish people live in the countryside and work on farms for a living.
- C. Children in the Amish's communities do not have a higher education.
- D. They prefer traditional and simple clothing to trendy suits.

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

Living in a big city can have both positive and negative effects on _____ (37). On the one hand, cities offer many opportunities such as access to better jobs and _____ (38). On the other hand, city life can also be stressful due to _____ (39) and noise pollution. Additionally, many people struggle to find a balance between work and personal life (40) _____.

- A. crowded public spaces
- B. public services like hospitals and schools
- C. people's mental and physical health
- D. if they are constantly working in big cities

Question 37: _____

Question 38: _____

Question 39: _____

Question 40: _____

TEST 2

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 1. A. him B. heir C. hair D. his

Question 2. A. tired B. serious C. average D. general

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

- Question 3.** A. disappoint B. badminton C. confident D. medical
Question 4. A. advice B. delay C. mental D. awake

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

- Question 5.** Teens should learn to _____ conflicts appropriately to maintain healthy relationships.
 A. resolve B. delay C. concentrate D. accomplish
Question 6. Prioritizing sleep is crucial; don't _____ bedtime due to distractions.
 A. concentrate B. accomplish C. delay D. resolve
Question 7. Being _____ helps teens recognize their emotions and cope with stress.
 A. self-disciplined B. stressed out C. self-aware D. well-balanced
Question 8. Doctors suggest _____ milk and _____ fish and green vegetables to have strong bones.
 A. drinking - eating B. to drink – to eat C. drink - eat D. drinking – to eat
Question 9. She asked me _____ in a hospital.
 A. did I work B. if I worked C. I did work D. I worked
Question 10. If they start saving money from now, they _____ afford to go to Ha Long Bay on holiday.
 A. should B. need C. can D. must
Question 11. I almost missed my flight _____ there was a long queue in the duty-free shop.
 A. although B. since C. despite D. because of
Question 12. If you want to sleep well at night, you _____ drink too much caffeine after 3 p.m.
 A. shouldn't B. may not C. can't D. won't

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each numbered blank from 13 to 16

STAYING HEALTHY AT WORK

To stay healthy while working, try these easy tips:

- Take breaks to stand up and (13) _____ around.
- Drink (14) _____ water all day to stay healthy.
- (15) _____ your desk clean and tidy to feel better.
- If you feel tired, (16) _____ some deep breaths to feel relaxed.

- Question 13.** A. move B. come C. leave D. look
Question 14. A. many B. enough C. little D. more
Question 15. A. Forget B. Open C. Keep D. Hide
Question 16. A. take B. stop C. wait D. run

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 17. Put the sentences (a-c) in the correct order, then fill in the blank to make a logical text.

When twelve-year-old George said that he was getting headaches at school, his dad made an appointment for an eye test. _____.

- a. George said that he hoped to be a pilot, 'that might be difficult', said the doctor, "because you're colour-blind."
 b. The optician showed him some coloured images and asked him what numbers he could see, but George found the task difficult.
 c. The optician then asked him what his plans were for the future.
 A. a – b – c B. b – c – a C. c – a – b D. a – c – b

Question 18. Choose the sentences that can end the text (in Question 17) most appropriately.

- A. She told George that he probably wouldn't be able to fly planes in the future.
 B. Later at home, his mum told him that colour-blindness ran in the family.
 C. His grandad had the same problem, but he had learned to live well with it.
 D. His grandad couldn't tell the difference between some colours.

Mark letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.

When we feel anxious, we often give ourselves negative messages like: “I can’t do this”, “I’m useless” and “I’m going to fail”.

It can be difficult but (19)_____ to replace these with positive thoughts such as: ‘this is just anxiety, it can’t harm me’ and, ‘relax, concentrate - it’s going to be okay’.

Picturing how you’d like things to go can help you feel more (20)_____. Try to imagine yourself turning up to an exam feeling confident and relaxed. You turn over your paper, write down what you do know and come away knowing you tried your best on the day.

It can sometimes feel like your whole future depends on (21)_____ grades you get. There can be pressure on young people to do well in exams which can cause a lot of (22)_____. You might have been predicted certain grades or put into a higher set, and feel if you don’t get the grade, you’ll get your teachers or parents (23)_____.

Remember, exams are important – (24)_____ they’re not the only way to a successful future. Lots of people achieve success in life without doing well in school exams.

- Question 19.** A. afford B. allow C. let D. try
Question 20. A. positive B. negative C. tense D. stressful
Question 21. A. why B. when C. what D. how
Question 22. A. stressed B. stressful C. stress D. stresses
Question 23. A. down B. up C. on D. off
Question 24. A. although B. because C. but D. so

Mark letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions.

Question 25. His good exam result gave us no surprise.

- A. He did well in the exam, which made us surprised.
B. We were not surprised at his good exam result.
C. We were surprised at his good exam result.
D. We thought he had got better exam result.

Question 26. You must be careful because you may get burnt.

- A. If you want to get burnt, you must be careful.
B. You may get burnt because you are not careful.
C. You will get burnt because she is not careful.
D. If you don’t want to get burnt, you must be careful.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is best written from the words/ phrases given.

Question 27. more / developed / a city / be / more/ food / people / throw away.

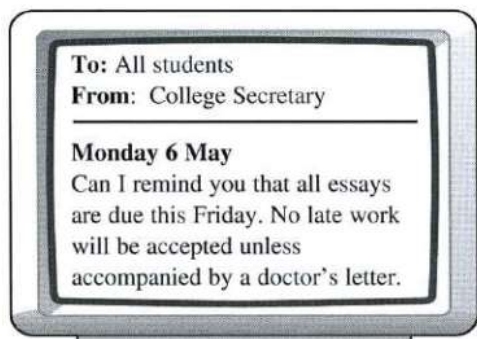
- A. The more developed a city is, the more food people throw away.
B. More developed a city is, more food people will throw away.
C. The more developed a city is, more food people throw away.
D. More developed a city is, the more food people throw away.

Question 28. I /decided / cut down / fast food / and / start / cook / my own meals.

- A. I decided to cut down on fast food and start cooking my own meals.
B. I decided cutting down on fast food and starting to cook my own meals.
C. I decided cut down fast food and start to cook my own meals.
D. I decided to cut down fast food and start cooking my own meals.

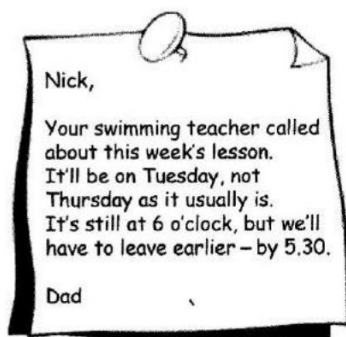
Read the following sign or notice and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 29.



- A. The college secretary will post students' essays on Friday.
- B. Students may hand in their essays after Friday if they can prove illness.
- C. Unless your essay is due by Friday, you do not need to reply
- D. Students need to remind each other of the due date for all essays.

Question 30.



- A. Nick's lesson will be on Tuesdays from now on.
- B. The time of Nick's lesson has changed.
- C. Nick's lesson this week is at the same time on different day.
- D. Nick won't have to leave earlier this week because the time is unchanged.

Read the passage and mark letter A, B, C or D on your answer sheet to indicate the correct answer to each question from 31 to 36.

Practical stress management can help students deal with their worries and become more productive, competent and **efficient**. First of all, students must be able to design and stick to a timetable. Choose a relaxing break between work and study, even if it's just taking out time to breathe. In addition, a healthy lifestyle is essential for students. Let's drink more water as well as take out time to get some air and exercise. Furthermore, organization is very important in academic life for dealing with stress. By keeping academic notes organized, turning in assignments on time, and keeping track of all deadlines, stress can be reduced to a great extent. Stress can also get worse if a person feels lonely. Therefore, by letting out all your thoughts to someone you trust, you immediately feel a lot better. However, if you feel extremely stressed out, take a break and do something you love. Whether it is painting or listening to music, doing something you enjoy can cheer up your mood and **distract** you from a stressor. It's about time that we students accept that we can achieve just as much in life without all the stress.

Question 31. Practical stress management can help students _____.

- A. deal with stress B. have more time C. face up to the worst situation D. think critically

Question 32. What should students pay attention to when designing a timetable?

- A. They have to arrange time to breathe. B. They need to set time for relaxation.
- C. They don't need to take notice of certain tasks. D. They shouldn't include breaks in their timetable.

Question 33. Which of the following sentences is true?

- A. You should stay alone when being under pressure.
- B. When you feel lonely, you should grab someone to talk immediately.
- C. The lonelier you are, the more stress you can have.
- D. It is believed that stress can control itself.

Question 34. The word **efficient** is CLOSEST in meaning to _____?

- A. wasteful B. invaluable C. organizational D. effective

Question 35. The word **distract** is OPPOSITE in meaning to _____?

- A. disturb B. confuse C. worry D. focus

Question 36. What is the main idea of the passage?

- A. Students should prioritize academic performance.
- B. Some effective stress management techniques students can practice.
- C. Loneliness is the primary cause of stress among students.
- D. Taking breaks from study is unnecessary.

Four phrases/ sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

The countries with the highest levels of obesity, however, are in the Pacific islands. In countries such as Nauru, Tuvalu and Palau, (37) _____. This is a relatively new trend, as, before the 1950s, locals (38) _____ that included bananas, coconuts, yams and seafood. Since then, incomes have increased, making imported convenience foods more affordable. This new situation causes people (39) _____ despite the availability of healthier, locally-grown options. In many regions of the USA, healthy choices just aren't available, or they are too expensive. In addition, (40) _____ means that many people don't get enough exercise.

- A. this country's driving culture
- B. consumed a traditional diet
- C. over half the population is obese
- D. to make poor food choices

Question 37: _____

Question 39: _____

Question 38: _____

Question 40: _____